

國立成功大學

112學年度碩士班招生考試試題

編 號：300

系 所：職能治療學系

科 目：臨床心理職能治療學

日 期：0207

節 次：第 3 節

備 註：不可使用計算機

※ 考生請注意：本試題不可使用計算機。請於答案卷(卡)作答，於本試題紙上作答者，不予計分。

1. 請閱讀下方摘要，並回答問題 (本題共 33%)。

Objective: This multiple case study investigated support and process in the Individual Placement and Support (IPS) approach from individual client, longitudinal, and Person-Environment-Occupation (PEO) model perspectives. **Participants:** Five IPS-participants, or cases, with severe mental illness (SMI) who worked a minimum of 4 hours a week entered the study. **Methods:** A multiple data collection method was used over a period of 12 months and included IPS-vocational profiles and plans as well as various instruments and questionnaires concerning socio-demographics, work performance, limitations, and accommodations. Both within- and across-case analyses were performed. **Results:** The IPS-process concerned job search support, job-matches (PEO-match), and adjustment of the PEO-match by providing accommodations by on- and off-worksite support. All participants had limitations concerning social interactions and handling symptoms/tolerating stress. Several accommodations were made for the same limitations, mostly directed towards the social environment. Prior work experience, disclosure, and not being in an acute phase of illness seemed important to the support provided. **Conclusions:** This study has visualized the support and process in IPS and provided a theoretical framework, the PEO-model, to detect limitations and provide IPS-support. The organization of IPS-support and methods of providing it to individuals may be important for job tenure and employment success.

(1) 請說明此研究之目的與結論。(10%)

(2) 請舉出個人化安置與就業服務 (Individual Placement and Support, IPS)八大原則的其中兩項原則?(8%)

(3) 請以 PEO model 分析嚴重精神障礙者在就業上可能面臨之困難。(15%)

2. 阿佳是社區復健中心的學員，對於參與復健活動動機不高，但時常表達想結案去外面工作，對於阿佳的外出工作想法，起初王職能治療師多引導阿佳先到附近的工廠工作，讓他累積經驗、鍛鍊體能和存錢買交通工具，阿佳則因為工廠給的薪資過低、不能日領薪資、自己對此工作內容沒興趣而拒絕，並希望可以騎腳踏車去做工地派遣的工作。依據對阿佳日常表現的觀察，王職能治療師後續引導阿佳思考工地派遣工作的可行性以及自身需加強的面向，例如交通距離、體力負荷、人際互動壓力等。經討論後，阿佳仍認為自己已經具備這些技能，希望儘快外出工作，然而，王職能治療師對阿佳的能力及工作規畫的看法與阿佳有落差，阿佳的外出工作計畫就此停滯不前。若你是王職能治療師，你可以運用哪些復元元素，與阿佳進行後續的工作規劃。(15%)

3. 請將園藝活動作為一個方法 (occupation as a means)及作為一個目的(occupation as an end)各設計一個活動計畫，內容包含活動名稱、目標、材料/設備及活動流程安排 (40%)。

4. 請問動機式晤談的核心技巧 OARS，各代表什麼意思?(12%)