

國立高雄大學 109 學年度研究所碩士班招生考試試題

科目：英文

系所：運動健康與休閒學系

是否使用計算機：否

考試時間：100 分鐘

本科原始成績：100 分

4 points for each question. Totally 100 points. 每題4分

Write the answers on the answer sheet. *Please mark the number for all questions. 請標題號，寫在答案紙上**

Reading Comprehension: Choose the best answer.

If you've ever experienced a migraine headache, you know that it's no walk in the park. Migraines are a very painful type of headache, often felt on one or both sides of the head. Some people experience migraines every now and then, while others get them more than once a week. About 6 in every 100 people regularly experience migraine headaches. Although they are not dangerous or life threatening, migraines can seriously affect one's ability to function throughout the day.

In some cases, nothing seems to make the pain go away, and everything seems to make it worse. Some people even have migraine headaches that last for a few days. If you often experience migraines, there are a number of things that you can try to help take away the pain. Since everyone's body chemistry is a little bit different, not all of these solutions will work for all people. However, with a little trial and error and a bit of luck, you may be able to find something that works for you individually.

1. **Management:** Migraines are often caused by stress, so try not to get stressed out easily. Avoid using the computer for too long and going to bed late at night. Learning stress management techniques can prevent and even ease the pain of a migraine headache. You can do this by taking a yoga class. If you prefer to practice relaxation at home, then try lying down on your bed or sofa and closing your eyes. Take slow, deep breaths and focus on relaxing each muscle group one at a time until you have relaxed every single muscle in your body.
2. **The Ice Massage:** Another solution is the "ice massage". Put your fingers into ice-cold water and then massage your temples until the pain decreases. Add a few drops of peppermint oil for an even stronger effect.
3. **Drink Lots and Lots of Water:** You can also get migraines if your body lacks water. Avoid dehydration by staying out of the sun and drinking plenty of water throughout the day. Carry a water bottle with you. In addition, do not drink too many caffeinated drinks such as coffee, tea, and soda, since these can also cause migraine.
4. **Avoid Bright Lights and Loud Noises:** When you have a migraine, lights and sound can

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sometimes be your worst enemy. If this is the case, try to create a dark and quiet space to rest. Close your curtains, turn out the lights, and turn off the TV. Also, remember not to wear headphones for too long.

1. Which of the following is true about migraine headaches?
 - A. One in six people worldwide get them.
 - B. They can occur on one side of the head.
 - C. They could end up killing a person.
 - D. Most of them are not very painful.
2. What is the purpose of the first paragraph?
 - A. To try and sell migraine medicine.
 - B. To talk about why migraines happen.
 - C. To introduce what migraines are.
 - D. To offer the best cures for migraines.
3. Which of the following do NOT cause migraines, according to the article?
 - A. Being stressed out.
 - B. Not drinking enough water.
 - C. Drinks such as coffee and soda.
 - D. Not breathing deeply enough.
4. According to the article, the "ice massage" can be defined as _____.
 - A. Rubbing the area beside your eyes with cold fingers.
 - B. Spreading peppermint oil all over your face.
 - C. Putting ice cubes on the area which hurts most.
 - D. Dipping your head into some ice-cold water.
5. When is the best time to drink water to prevent migraines?
 - A. Before bedtime.
 - B. In the morning.
 - C. Throughout the day.
 - D. After drinking coffee.

Vocabulary: Fill in the correct missing word in the correct grammatical form.

Relieve muscle relaxation prevent threaten

Chemistry technique breath affect management

6. When you feel afraid, you should take a deep _____ and try to calm down.

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7. Daily exercise can increase the size and strength of your _____.
8. Rest and _____ are important for people who work too much.
9. The pitcher's throwing _____ is unusual, but he strikes out many batters.
10. We can _____ cancer by not smoking, eating healthily, and going for long walks.
11. Brian is taking medicine to _____ the pain from his headache.
12. Coming in late for work _____ everyone in the office.
13. The scientists work tirelessly to find out the _____ of sea animals.
14. The man was arrested for _____ the woman with a knife.
15. Pain _____ is decided on by both the doctor and the patient.

Grammar: choose the best answer

16. Our company has a staff of 50 workers, all of _____ are college graduates.
 - A. whom
 - B. who
 - C. which
 - D. them
17. Something is wrong with the car engine, which needs _____.
 - A. repaired
 - B. repair
 - C. repairing
 - D. to repair
18. I couldn't find my wallet, so I _____ have lost it somewhere.
 - A. should
 - B. would
 - C. could
 - D. must
19. I ran into a good friend of _____ on my way home yesterday.
 - A. me
 - B. myself
 - C. mine
 - D. my
20. I am sorry to say that I won't be able to meet you _____ to a sudden meeting?
 - A. because
 - B. due
 - C. since

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D. for

21. Robertson Shoe Company is well known for its ____ products.

A. durable

B. endure

C. durability

D. endurance

22. The boy standing by the window in the white shirt ____ to be Peter's brother.

A. occurs

B. happens

C. takes place

D. comes

23. If you have a few minutes to spare, I hope you can ____ a look at this problem.

A. get

B. do

C. make

D. Take

24. After long discussion, we have ____ to the conclusion that the plan should be canceled.

A. gone

B. come

C. arrived

D. moved

25. Located ____ the center of the city, the department store is easy to get to.

A. at

B. on

C. in

D. around