B. humiliatedC. clashedD. fastened

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		一、單字填空題
		 Scholars estimate our languages are decreasing; they also claim the growth of English has some effect on this number of languages. A. reliable B. preferable C. accustomed D. dwindling E. flying
		 Mickey Mantle said in his biography: If alcoholism is, if it's in the genes, then I think mine came from my mother's side of the family. A. contagious B. tremendous C. romantic D. recovered E. hereditary
		 3. Hurricanes or earthquakes can sweep into a city like a army, destroying everything is sight. A. distressing B. demolishing C. decaying D. disenchanted E. discharged
· .		 4. The doctor pondered for a while, trying to recall which of several medications would be best to the patient's suffering. A. augment B. alleviate C. commemorate D. dispute E. amputate
		5. Their argument in their different views on children education. A. catered B. modified C. combined D. caused E. originated
		6. Before uttering the secret, she, looking around to see if anyone was listening. A. refused

注:背面有試題

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		E. hesitated
·	7.	This task is challenging to an expert, not to mention a layman. A. tremendously B. ironically C. judiciously D. unfortunately E. wearily
	8.	Adults no longer have the of a six-year-old about their surroundings. Seldom do they ask why.
		A. curiosity B. identity C. discipline D. creativity E. defense
	9.	We have to learn to accept unhappiness as a part of life. A. insignificant
		B. intimate C. ingenious D. normal E. formal
	10.	They found a strong between urban deprivation and poor health. A. installation B. correlation C. participation D. conjunction E. participation
	11.	The committee decided that the search for a new vaccine would take over all other medical research.
		A. principle B. priority C. prime D. pressure E. credibility
	12.	The Robot guards are designed to stop and detain, not hurt them. A. masters
		 B. manufacturers C. criminals D. police E. inventors
	13.	One to dietary change is the mistaken belief that eating better is important only for those with serious health risks. A. shortcut
		8 9 10 12 13.

第1音新年基础

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			· ·
			B. benefit C. conflict
			D. obstacle
			E. requirement
		14.	Human beings have been trying to new resources since the mid-18 th century, and now, we even start to evaluate the possibility of living with more natural resources that won't cause contamination to our environment.
			A. expose
			B. exchange C. transfer
			D. recycle
			E. exploit
		15.	He has such an talent that nobody can compete with.
			A. extraordinary B. picky
			C. extracurricular
			D. fashionable E. domestic
		16.	Her grandparents were put to the concentration camp and killed after they came to the United States. After that, any topic related to their original culture became her family never talked about.
			A. prism
			B. taboo C. authenticity
			D. impossibility
			E. procrastination
		17.	I tried tohim from quitting job, but he had already made up his mind to leave.
			A. scold B. nag
•			C. restraint
			D. dissuade E. comfort
		1 0	Manager 1.1.12 and a first section of the section o
		16.	Many people believe that the bomb attack was by the terrorist government but no evidence has been found yet.
			A. backed
	•		B. poised C. abjured
			D. spared
			E. seized
		19.	She felt to talk about her past. She always looked preoccupied with something very sad. A. spare
			B. reluctant
			C. slickery
			D. tumultuous

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参考了			
7			E ample
-		20.	E. ample
	J ——	20.	The accelerating pace of technological change allows us to build machines that not only equal but human intelligence. A. surpass B. flop C. dissuade D. restraint E. surrender
			二、句子填空
		21.	Airlines have not lowered their fuel surchargeoil prices dropped drastically to below \$40 a barrel, A. instead B. , similarly C. , likewise D. although E. indeed
			Technology stocks looked stable again after some IT giants' earnings updated last Thursday. A. was B. had C. are D. has E. were
			Festive Winery, controls about 45 percent of the town's wine market, is looking for overseas partners. A. who B. where C. that D. which E. whose
			Target Wholesale Corp.'s yearly profit dropped slightly its biggest opponent's revenue soared drastically. A. as B. then C. also D. for E. than
			My father is so worried about his company because the debt will over the following three years as the economy continues to worsen. A. balloon B. ballooned

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•			
			C. ballooning
			D. balloons
			E. balloon-up
		26.	His campaign message in Sun Bay City on Friday was clearly not received by the people.
			A. well
			B. more
			C. most
			D. great E. good
		27	
		21.	Japan exports fell 25 percent, which is considered an early indication of East-Asian export
			A. trends
			B. trendy
			C. trend D. trendily
			E. trending
		28	-
		20.	If we increase our marketing budget, we to make cuts elsewhere. A. would have
			B. would be
			C. had D. would have had
			E. will have
		20	
		29.	The resort's gift shop sold delicate souvenirs, but Cynthia didn't buy any, saying the items too much.
			A. spent
			B. charge
			C. cost D. worth
			E. deserved
		30.	he still decided to switch his major to business and started out his new life.
			A. Despite the fact that his parents expected him to be doctor.
			B. Just as he used to be an obedient child,
			C. Therefore he used to be an obedient child,D. In the same way that his parents expected him to be doctor,
			E. Instead that his parents expected him to be doctor,
		31	·
		J1.	I wasn't particularly surprised when Elsa told me she bought a house in the countryside. On my first visit, I was shocked because I found her house was a in the middle of a lake!
			A. ten story D. ten-story building
			B. ten stories E. ten-story buildings
			C. ten-stories
		32.	his aspiration.

目:_		<u> </u>	又 (4	003)	校系所	f組:	中央大學	認知	1與神經科學	研究所		
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				was said be I his wife was bein was said to be			aid his wife b vas said his w)			
		33.	By the time way. A. had been B. have transferred.	sferred	ľ), are tr	ansferred ransferred	_ to I	London.			
-		34.	A. ran fast,B. ran fast,C. ran fast,D. ran fast,	eam won the gam worked together, worked together, worked together, they worked togethey worked togethey worked togethey	and made many and make many and they made ther, and made	goals goals many go	oals					
		35.	A.; he is mo B., he finds C.; he is mo D., he under	orimarily concerned about courage of self-res re concerned about goes trials to help of cost trials trials to help of cost trials	t taking off on a s ponsibility and as t the welfare of or others	eries of surance	adventures					
			four unlucky number thirte Christ had his people in Am		s like the word " ded. Perhaps his twelve discipit's foot wherev	le. The death." the histoples. The they	While in: Ory (3) In addition, go. For th	eoplemany many _ bac (4)	e (2) the y western count k to the day wh	number tries, the nen Jesus		
_		36.	Choose the best A. game B. rule	st answer for blank C. prize		. place		E.	role	• .		
_		37.	Choose the bes A. seen B. regard	t answer for blank C. cons		think	of	E.	view			
· <u>-</u>			Choose the bes A. goes B. traces	t answer for blank C. gone		gave		E.	was dated			
			Choose the bes A. avoidable B. avoid	t answer for blank C. avoid		to avo	oid	E	avoided			

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	41	 Choose the best answe 	er for blank #5
		A. to hope B. hope	C. in hope of D. hoping E. hoped
		accidental poisoning adults, excessive use secretion of enzymes over-the-counter dra doctor's advice. You Each drug you t you are taking. Some aspirin increases the Therefore, a patient whenever he gets a him.	safe in the dosage stated on the label may be very dangerous in large doses. is seldom thought of as dangerous, but there are many reports of of young children who swallow too many for their bodies to handle. In of stomach upsets, when taken in excess, can cause an upset in the body's so, perhaps causing serious digestive problems. You should never use any ug on a regular, continued basis, or in large quantities, except on your could be suffering from a serious illness that needs a doctor's care, ake not only acts on the body but also alter the effect of any other drugs etimes this can cause dangerous or even fatal reactions. For example, blood-thinning effect of drugs given to patients with heart disease, who has been taking such a drug may risk hemorrhage if he uses aspiring eadache. Before using several drugs together you should ask your doctor by Your pharmacist can tell you whenever certain drugs can safely be taken
	41	 Which of the following A. Mindy Your Own I B. Doctor's Advice C. Today's Drug Cul D. Mind Your Medic E. Functions of Taking 	lture cation
·	42.	"Over-the-counter" m A. drugs are purchas B. drugs are placed of C. drugs are discarded D. drugs are available E. drugs are in the co	ed without prescriptions over the counter after being used e in the pharmacies
	43.	The gist of this passag A. aspirin is certainly B. dosage of drugs m C. doses depend on tl D. drugs cannot be pr E. drugs cannot be ta	nay kill he age differences rescribed by the doctor
	44.	The phenomenon of al called A. side effect B. contagious syndron C. contra-indication	tering effects on the body by taking various drugs at the same time is

科目:_	英
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- D. drug absorbing
- E. synergic effect
- 45. According to the passage, before taking any drugs you should ___
 - A. read the labels
 - B. follow a doctor's advice

(4003)

- C. ask the shop owner
- D. listen to the nurse
- E. consult your supervisor

(二)

Changing an addictive habit usually means coping with sometimes relentless cravings. A craving often dominates thinking and interferes with one daily routine. Many people give up because they believe they can't function without their habit.

The "three Ds" can be helpful in coping with urges and cravings.

1. Decatastrophizing

Especially early in your change efforts, cravings can seem excruciating. Everything you see can remind you of your habit. If you smoke, every room you enter may bring to mind the image of a cigarette and associated pleasure. The inability to satisfy the urge can lead to frustration. Just how unbearable is your urge right now? To accurately answer, think of truly unbearable suffering. Is your current state as unbearable as getting punched repeatedly in the stomach? Watching a loved one get hurt? What have you endured which was worse than your current urge? Did you survive? If so, does it follow that your urge is less than unbearable and perhaps only "very uncomfortable??

2. Disputing Expectancies

Cravings are, in essence, positive expectations. When we crave something, we expect it will create a pleasurable state, or reduce an unpleasant one. These urges are *myopic*, meaning they lead one to only see advantages. You must shed some light on your craving to effectively control it. One good way to decrease the potency of an urge is to focus on its negative consequences. Ask yourself questions like:

"What consequences might I suffer if I give in?" or "Will the negatives outweigh the positives in the long run if I give in?"

3. Distracting

Some cravings are so relentless that talking back to them doesn't work. Distraction can be cognitive, in the form of some mental exercises, or behavioral, in the form of an alternate activity. Alternate activities are usually the most effective, in that urges tend to occur in environments similar to those in which the habit occurred in the past. If an urge feels overwhelming, remove yourself from the situation until it subsides.

Cognitive distraction can be very powerful as well as convenient. You can use imagery to take your mind off particularly powerful urges. Some even find that relaxation increases the strength of a craving. This makes sense. Many habits are associated with relaxation and pleasure. If this is true for you, find some mental task that will be very difficult to finish but is interesting and consuming. Think about developing Mental Tapes. Examples of helpful tapes are planning the perfect vacation or creating the ideal money-making business. What you choose will depend on your interests, but the key is to make it something easy, interesting, and fun to do.

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	Though these techniques may feel awkward initially, with practice they can become almost automatic. Give them a try! What do you have to lose?
 46.	Which of the following can best interpret the word"craving" in this article? A. an extremely strong desire for something somesone is addicted to B. an extremely happy moment you get from enjoying something C. an extremely disappointment for one's failure D. an extremely unpleasant moment you get from losing something E. an extremely unpleasant moment you get from losing weight
 47.	 Which of the following can best interpret the statemnet"Cognitive distraction can be very powerful as well as convenient"? A. Alternate activities to cravings can be easily found in one's daily life B. Alternate activities can in one sense successfully distract people but in another sense are dangerous because they may further lure them back to their craving. C. Creating a sensation of relaxation is the best way to conquer cravings. D. There's not potential drawback for all types of alternate activities because they are so powerful and convenient. E. Creating a sensation of indulgence is not being allowed in normal life.
 48.	 The purpose of asking addicts to think of a truly unbearable suffering is that: A. The frustration of a craving seems smaller when compared to truly unbearable suffering. B. Thinking of unbearable suffering takes your mind off the craving. C. Truly unbearable suffering is just very common in our lives. D. The frustration of a craving is equal to that of truly unbearable suffering. E. Thinking of unhappy memory can make you cry your hearts out.
 49.	 Why did the author say "Urges are myopic"? A. Addicts should focus on the happy mood their habit can give them. B. Craving should basically help create a positive mood so the negative effects should be ignored. C. People tend to focus too much on the disadvantages of the habit and lose sight of the advantages. D. People tend to focus too much on the advantages of the habit and lose sight of the disadvantages. E. Addicts should focus on the warmth around them.
 50.	Accorning to the article, which of the following would NOT be an appropriate alternate activity for fighting a craving? A. Mentally writing the perfect epic novel or screenplay. B. Interpreting a joyful dream from the night before. C. Thinking about all the mistakes you've made and the sorrow you have experienced. D. Picking an acquaintance and trying to "figure them out." E. Calling an intimate friend