

※ 考生請注意：本試題不可使用計算機。請於答案卷(卡)作答，於本試題紙上作答者，不予計分。

一、精神科病患王先生，40歲，未婚，被家屬緊急送入急診，請您回答下述問題：(共25%)

- (一)當王先生出現那些反應時，常是即將要發生暴力行為的徵兆，請舉出至少4項(4%)。
- (二)若您是他的主護護士，在和王先生進行會談時，會談焦點是?有哪些注意事項?(6%)
- (三)住院醫師決定給予身體約束，請問有哪些約束時要注意事項?(5%)
- (四)就您所了解的新知，目前對於暴力上有哪些處置策略?如果要施行此一新處置，您會怎麼觀察其臨床實行效果?請詳細說明您的規劃(10%)

二、從1960年代至今，家庭治療已經成為一合法、又有效的治療方法，根據Bowen的理論，家庭是一個情緒性和人際關係性的系統，請您回答下面列相關問題：(共25%)

- (一)請您舉出3項Bowen所提出的重要概念，並解釋其概念(7%)
- (二)請描述您所觀察到的精神病患之家庭溝通現象?可以如何來分類這些家庭的溝通行為?(8%)
- (三)如果您將進行精神病患之家庭互動行為的觀察，您會設定哪項主題?可以怎麼執行?請詳細說明您的規劃(10%)

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1. Please share one of your most impressed experience of caring a specific patient with mental illness by using Paplau's theory of Interpersonal Relations, including patient characteristics and setting, your nursing strategies at different stages, nursing outcomes (15%), and your reflections from this experience (10%).
2. Please read the following text, and write down your summary (10%), and then comment this issue based on your clinical experience (15%).

**D**iscussing suicidality and assessing suicide risk are challenges mental health nurses face in their care of patients with schizophrenia. Evidence-based guidelines are available that support the care for patients with schizophrenia (American Psychiatric Association, 2004; National Steering Committee on Multidisciplinary Guideline Development in Mental Health Care, 2005) and for suicidal patients in general (American Psychiatric Association, 2003). However, aspects of nursing care for suicidal patients with schizophrenia are addressed only to a limited extent in these guidelines. Suicidality, which is defined here as any thought or action that relates to a self-inflicted death, is a frequent phenomenon among patients with schizophrenia. According to the *Practice Guideline for the Assessment and Treatment of Patients with Suicidal Behaviors* (American Psychiatric Association, 2003), 40–53% of patients with schizophrenia think about suicide at some point in their lives, and 23–55% actually engage in a suicide attempt. The lifetime risk of suicide in schizophrenia is estimated to be about 5% (Palmer, Pankratz, & Bostwick, 2005). These figures indicate that mental health nurses who take care of patients with schizophrenia are likely to be confronted with patients who are thinking about suicide and demonstrate suicidal behavior.

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