

長庚大學101學年度研究所碩士班(含在職專班)招生考試試題

系所：護理學系碩士班

考試科目：社區衛生護理學

注意：請詳細閱讀下列試題，並請標明題號依試題順序將答案書寫於答案卷上。 本試題共 2 頁：第 1 頁

1. 請描述健康城市的特性(10%)及推動健康城市之步驟 (15%)。

2. 請描述社區健康評估資料收集的方式與步驟(10%)和社區健康評估的項目(15%)。

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3. 請解釋何謂自我效能 (Self Efficacy) 及其機轉 (25%)。

4. 請描述及解釋下列表的意義 (25%)。

(摘自 Ng, T., Niti, M., Zaw, M. and Kua, E. (2009). Depressive Symptoms and Incident Cognitive Impairment in Cognitively Well-Functioning Older Men and Women. *J Am Geriatr Soc*, 57,1058-1063.)

Table 2. Association Between Depressive Symptoms and Incident Cognitive Impairment at Follow-Up in Men and Women Stratified According to Hypertension and Vascular Factor Status

Hypertension and Vascular Factors	Men			Women			Interaction P-Value
	Subjects with Incident Cognitive Impairment/ Subjects in Sample n/N (%)	AOR (95% CI)	P-Value	Subjects with Incident Cognitive Impairment/ Subjects in Sample n/N (%)	AOR (95% CI)	P-Value	
Overall							
Not depressed	9/485 (1.9)	1.00		26/844 (3.1)	1.00		
Depressed	5/58 (8.6)	4.74 (1.25-17.8)	.02	4/100 (4.0)	1.29 (0.41-4.03)	.66	.02
No hypertension							
Not depressed	4/208 (1.9)	1.00		14/397 (3.5)	1.00		
Depressed	0/26 (0)	NA		0/50 (0)	NA		
Hypertension							
Not depressed	5/277 (1.8)	1.00		12/447 (2.7)	1.00		
Depressed	5/32 (15.6)	5.07 (1.06-24.2)	.04	4/50 (8.0)	2.88 (0.82-10.2)	.10	.02*
No vascular factors							
Not depressed	3/97 (3.1)	1.00		4/184 (2.2)	1.00		
Depressed	0/10 (0.0)	NA		0/17 (0.0)	NA		
Vascular factors							
Not depressed	6/388 (1.5)	1.00		22/660 (3.3)	1.00		
Depressed	5/48 (10.4)	4.77 (1.08-21.1)	.04	4/83 (4.8)	1.62 (0.51-5.15)	.42	.01*

Subjects who were not cognitively impaired (Mini-Mental State Examination (MMSE) score ≥ 24) at baseline were followed up and reassessed after 1.5 to 2 years. Cognitive impairment at follow-up was defined as MMSE score < 24 .

Adjusted for age, education level, apolipoprotein E $\epsilon 4$ status, length of follow-up, and baseline MMSE score.

* Tests whether the effect of depressive symptoms on cognitive impairment incidence differs by sex in each stratum of hypertension status or vascular factor stratum.

AOR = adjusted odds ratio; CI = confidence interval; NA = not applicable.