

科目：

系所組：

科目：精神科護理學

系所組：護理研究所乙組

請回答下列五個問題 (每題 20 分)

1. 團體治療中常使用 Yalom 的療效因子，請列舉五個常見的療效因子，並分別舉臨床實例說明。

2. 請以中文說明下列摘要：

The study purpose was to make aware of the impact of psychosocial factors in major adolescent depression. The results have implications for designing interventions aiming at preventing the occurrence of major depression. A case control study design was used. 47 convenient samples were selected from a medical center diagnosed as major depression and 128 students from a high school with non-psychosis. Data were analyzed by multiple logistic regressions. The result showed that anger, transferring to negative strategies, positive coping skills in seeking medical help, negative thoughts toward future, and perfectionism were significant with depressive cases. Implications for nursing practice and future study are also suggested.

3. 閱讀下列資訊後，請提供你的護理措施：

Cancer patients frequently had mood disturbances due to unable to accept the diagnosis of cancer, disarrayed life styles, side effects of chemotherapy, uncertainties about the course of disease and prognosis, worry about loss of control and fear of death. Coping strategies were showing happiness to live, living as usual and keeping hope. Some maladjusted patients exhibited rejection, avoidance and defensive behaviors.

4. 請說明社區心理衛生之三段預防措施，並分別舉例說明。

5. 請以下列 Adherence 定義舉例說明精神科護理實務上的運用並分析其利弊  
Adherence is most commonly defined as 'the extent to which patients follow the instructions they are given for prescribed treatments'.

※ 注意：1. 考生須在「彌封答案卷」上作答。

2. 本試題紙空白部份可當稿紙使用。

3. 考生於作答時可否使用計算機、法典、字典或其他資料或工具，以簡章之規定為準。